

# The Challenge



# Event Fact File



# Why take Part?



If you are looking for an exceptional physical challenge, this exclusive 24hr construction industry team building event is for you.

The COINS 3 Peaks Challenge is an adventurous, exhilarating and exciting team building event. It will test your endurance as a team and will give a great sense of achievement as you reach the summits of the three highest mountains in the UK.



▲ Longcross Group at Ben Nevis Start Line



▲ Vinci Ascending 1344m to the Summit of Ben Nevis



▲ May Gurney Reaching 978m, Summiting Scafell



▲ 24hours, 24miles, 10,000 feet Complete

Event Date: 7th/ 8th May 2011  
Walkers: 4  
Support Crew: 2  
Fundraise: £5k per team

Mountain Target Times  
Ben Nevis: 5hrs 30min  
Scafell Pike: 4 hrs 30min  
Snowdon: 4 hrs  
Fixed driving time: 10 hrs

We have a dedicated challenge team who will help you get organised, advising on everything from training and nutritional advice to equipment and accommodation.



▲ Interserve Peaking Ben Nevis, 1344m



▲ Osborne Boys Summiting Scafell Pike, 978m



▲ Maybehire Services, Reaching the Top of Snowdon, 1085m

Sense of achievement

Adventure  
Team spirit  
Fun

Developmental clarity and focus

Personal growth

Enhanced personal endurance

Trust and respect

Osborne was delighted to take part in the COINS 3 Peaks Challenge. As a company we've been involved for years now and our people are always keen, both on the mountains and with the fundraising. The momentum of this event, the team spirit it engenders, and of course what it ultimately supports means we are keen to stay involved.

Phil Andrews

IT Director, Osborne

The COINS 3 Peaks Challenge is an exhilarating, fun and well run event and the team spirit the event fosters has us coming back as a company year after year. Reaching the top of the highest mountains in the UK as a team gives us a great sense of achievement.

Lee Holman

Project Planner, Costain.

# Fundraising



Not only will you be testing yourself physically and mentally whilst experiencing some of the most beautiful places in the UK, but you will also be fundraising £5,000 for the COINS Foundation.

Each year companies from the construction and service industries take up this challenge and climb three mountains in support of the COINS Foundation, helping to build schools, hospitals and homes. To date the COINS 3 Peaks Challenge has raised over £2million.

The challenge team will support your fund-raising campaign from start to finish. A fund-raising pack full of ideas will be provided along with plenty of advice and guidance to help you develop your fund-raising plans.

[www.coinsfoundation.org](http://www.coinsfoundation.org)



# A MOUNTAIN CHALLENGE FOR THE CONSTRUCTION INDUSTRY

## 7<sup>th</sup>/8<sup>th</sup> MAY 2011



Register  
[www.coins3peakschallenge.com](http://www.coins3peakschallenge.com)  
COINS challenge team  
+44 (0) 1753 501 000



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